

# La Maama

Latin Tapas Bar & Restaurant



# Hola y bienvenidos a La Mama!

We are proud to prepare and cook all of our Tapas from fresh. We suggest that you try 3 to 4 Tapas per person and we will bring these to you once ready. Remember that you can always order more as the evening unfolds! If you love the idea of sharing then enjoy our tasty Tapas amongst friends and family!



## Para Picar (nibbles)

<b>Pan Casero</b>	£3.80	<b>Aceitunas Marinadas con Feta</b>	£4.30	<b>Queso Manchego</b>	£6.00	<b>Hummus con Pan</b>	£3.90	<b>Boquerones</b>	£4.50
Fresh homemade bread served with extra virgin olive oil and balsamic vinegar dip.		Olives marinated in fresh thyme, oregano, garlic, lemon and feta.		Manchego cheese marinated in olive oil.		Homemade hummus.		Anchovies marinated in olive oil, garlic and parsley.	

## Carne (meat)

<b>Empanadas de Carne</b>	£5.80
A traditional Chilean spicy beef, onion and olive pastry parcel lightly fried, served with salsa pebre.	
<b>Pollo Piri-Piri</b>	£5.80
Prepared from an authentic Brazilian recipe, our chargrill chicken is lightly spiced and served with a homemade Piri-Piri salsa of red peppers, lemon, garlic, herbs and fresh chillies.	
<b>Caldereta de Cordero</b>	£7.45
Tender lamb pieces slowly cooked in red wine, onions and fresh rosemary.	
<b>Croquetas Chilenas</b>	£5.50
Meatballs served with a spicy tomato sauce.	
<b>Chorizo a la Sidra</b>	£5.75
Paprika seasoned chorizo cooked with onions and apple cider. Garnished with fresh parsley.	
<b>Zorza</b>	£6.25
A hearty, traditional dish from Galicia. Marinated and spiced pork loin which is gently fried. Delicious!	
<b>Garbanzos con Chorizo</b>	£5.75
Slow cooked wholesome chick pea stew with onion, garlic and pimenton spiced chorizo.	

## Pescado (fish)

<b>Empanadas de Jaiba</b>	£6.00
A recipe from Valdivia - white claw crab meat cooked with onion, lime juice and a hint of fresh chilli, served in a pastry parcel.	
<b>Calamares Fritos</b>	£5.85
Lightly fried, crispy fresh squid cooked to perfection. Served with salsa ali-oli.	
<b>Chile Prawns</b>	£7.50
Sizzling king prawns cooked in garlic, olive oil and fresh bird eye chillies.	
<b>Ceviche de Pescado</b>	£7.95
Peru's best kept secret...fish of the week cooked in lime juice, red onions and fresh herbs.	
<b>Pescaito Frito</b>	£5.20
Whole white bait lightly fried until crisp. Served with ali-oli.	
<b>Bacalao con Piperrada</b>	£6.95
Cod loin cooked in a traditional clay pot with garlic, onions, peppers, olives and fresh tomato sauce.	

## Vegetariano (vegetarian)

<b>Empanadas de Queso</b>	£5.50
A Chilean cheese pastry parcel lightly fried.	
<b>Croquetas de Batata con Espinacas</b>	£5.20
Sweet potato and spinach croquettes.	
<b>Berenjenas al Horno</b>	£5.45
Fresh aubergine, oven baked in a traditional clay pot with seasonal vegetables and herbs, finished with goat's cheese.	
<b>Honguitos al Ajillo</b>	£4.25
Pan fried button mushrooms in garlic and white wine.	
<b>Porotos Verdes con Piñones</b>	£4.50
Seasoned green beans pan fried with garlic, paprika, fresh parsley and pine kernels.	
<b>Sopaipillas al Pebre</b>	£4.50
A delightful Chilean tradition – lightly fried pumpkin bread served with salsa pebre.	
<b>Tortilla Española</b>	£3.50
Everyone's favourite! A Spanish potato and onion omelette.	
<b>Arroz Graneado</b>	£3.45
Chilean style rice cooked with mixed peppers.	

## Ensalada (salad)

<b>Ensalada de la Casa</b>	£6.50
Mixed green leaves tossed with cherry tomatoes, olives, feta and red onion. This large salad is a perfect choice to accompany your Tapas selection.	



Saturday lunchtime 12pm - 4pm



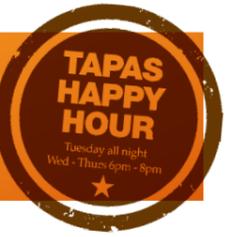
## Papas con Salsa (potatoes with salsa)

<b>Papas Fritas</b>	£3.70	<b>Papas Picante</b>	£3.70
Fried potatoes served in a clay pot accompanied with your choice of homemade salsa. Disfrute!		Fried potatoes tossed in our own mixed spice - cumin, coriander and paprika.	
<b>Ali-Oli</b>		<b>Pebre</b>	
Fragrant garlic mayonnaise.		Unique to Chile this lively salsa can accompany most dishes – freshly made from coriander, tomatoes, onion, garlic and fresh chillies – infused in extra virgin olive oil. Sure to give your taste buds a gentle kick!	
<b>Bravas</b>		<b>You can order a pot of salsa separately for £2.25 each</b>	
Spicy tomato salsa.			
<b>Piri Piri</b>			
Lightly spiced salsa of red peppers, lemon, garlic, herbs and fresh chillies.			

**We have 'Tapas de la Semana'**  
Tapas of the week. Ask staff for details.

**Join us for Tapas Happy Hour**

Tuesday all night and  
Wednesday to Thursday 6pm to 8pm  
A great treat to end your working day!



## Three Tapas for £12.95

- Pollo Piri-Piri
- Garbanzos con Chorizo
- Calamares Fritos
- Pescaito Frito
- Berenjenas al Horno
- Honguitos al Ajillo
- Tortilla Española
- Arroz Graneado
- Hummus con Pan

## Celebrating a party at La Mama?

**Fiesta Tapas set menu** £22.95 per person

- Pan Casero
- Aceitunas Marinadas con Feta
- Queso Manchego
- Croquetas Chilenas
- Zorza
- Calamares Fritos
- Pescaito Frito
- Berenjenas al Horno
- Arroz Graneado
- Ensalada de la Casa
- Papas Fritas with a choice of two salsas

If you decide to order our set menu, then please understand that your entire party must also choose this option. Each person will receive a share of the following dishes. Minimum 6 people.

Vegetarian Gluten Free Vegan



Find us on...

For any intolerance or allergy, please ask a member of staff for further details. We take great care to hand pick all of our produce which are freshly prepared on our premises on a daily basis.