ZARAS

An intimate dining experience

STARTERS

Poppadum £0.60
Plain or Massala

Assorted Pickle Tray £2.20

Sheek Kebab £3.50
Minced lamb with onions, herbs and spices cooked on skewers

Shami Kebab £3.50
Minced lamb with onions, herbs and spices lightly fried

Mixed Kebab £4.00
A choice of onion bhaji, lamb tikka and chicken tikka

Chicken Tikka £3.50
Boneless chicken marinated in yogurt with delicate herbs & spices, cooked over charcoal

Mutton Tikka £3.50
Diced boneless mutton marinated in yogurt with delicate herbs & spices, cooked over charcoal

Tandoori Chicken £3.50
Spring Chicken marinated in yogurt with delicate herbs & spices, cooked over charcoal

King Prawn Butterfly £4.00
Whole king prawn taken off the shell, marinated in herbs coated in spices and deep fried

Raja Puree £4.50
King Prawns with onions & tomatoes cooked in selected herbs and spices in a dry style

Vegetable Samosas £2.80
Spicy vegetable filling folded into triangles, then deep fried

Meat Samosas £3.00
Spicy meat filling folded into triangles then deep fried

Chicken Pakora £4.00
Marinated Chicken Pieces coated in a special sauce, dipped in spicy batter and deep fried

Fish Pakora £4.00
Fish pieces coated in a special sauce, dipped in spicy batter and deep fried

Onion Bhaji £3.00
Onion roundlets dipped in spicy batter and fried

Aloo Chat £4.00
Chopped potatoes with onions and chat masala on deep fried bread

Chicken Chat £4.00
Pieces of marinated chicken with sour sauce on deep fried bread

Garlic Mushroom £3.00
Sliced mushrooms pan fried with chopped onions and garlic

Prawn Cocktail £3.00
Selected prawns smothered in a rich tangy sauce

Daal Soup £3.50
Lentils with garlic and butter ghee cooked mild

TANDOORI MAIN DISHES

All these dishes are served with salad and mint sauce.

Tandoori Chicken *(Full)* £12.50
Spring chicken marinated in yogurt, delicate herbs and spices, barbecued over charcoal,

Tandoori Chicken *(Half)* £7.50
A leg and breast of spring chicken marinated in yogurt, delicate herbs and spices, barbecued over charcoal,

Chicken or Lamb Tikka £7.50
Boneless pieces of chicken or Lamb marinated in yogurt, delicate herbs and spices barbequed in tandoori clay oven over flaming charcoal

Tandoori Botee Kebab £9.50
Boneless Pieces of lamb marinated in yogurt, barbecue over clay oven in skewers with tomatoes and green pepper

Chicken Shashlik £10.50
(with masala sauce)
Boneless pieces of chicken marinated in blended sauce with yogurt, barbequed over clay oven on skewers with tomatoes and green pepper

Tandoori Mixed Grill £10.50
(with naan)
Mild and delicately spiced Sheek kebab, Chicken Tikka, Lamb Tikka and Tadoori Chicken

Tandoori King Prawns £12.50
King Prawns marinated in a specially blended yogurt sauce and cooked over a clay oven

BIRIANI DISHES

The following dishes are specially cooked with Basmati rice, herbs, spices and sultanas, garnished with cucumber and served with vegetable curry sauce.

Chicken £7.90
Meat £8.50
Prawn £8.00
King Prawn £12.50
Chicken Tikka £8.50
Tandoori Chicken £8.50
Chef's Special £9.00
Vegetable £7.50

BALTI DISHES

North Indian cuisine cooked in a medium sauce consisting of herbs, onions, green pepper and fresh coriander leaves. Served in a cast iron dish for authentic flavour with Nan bread.

Chicken £8.90
Lamb £8.90
Chicken or Lamb Tika £9.90
Prawn £9.50
King Prawn £12.50
Vegetable £7.50
Chef's Special £9.00

VEGETABLE SIDE DISHES

(These can also be served as a main dish and are medium spiced)

Chana Massala £4.20
Chick peas in a dry style

Tarka Daal £4.20
Lentils with garlic and butter ghee cooked in mild sauce and garnished with fresh coriander

Mixed Vegetable Curry £4.20
Freshly cooked mixed veg in a curry sauce

Mixed Dry Vegetables £4.20
Freshly cooked mixed vegetables in Bhuna style

Mushroom Bhaji 4.20
Mushrooms, onions, spices and tomatoes cooked together.

Cauliflower Bhaji £4.20
Cauliflower with onions spices and tomatoes cooked together.

Saag Bhaji £4.20
Spinach with onions, spices and tomatoes cooked together

Saag Dall £4.20
Spinach & lentils

Bombay Potatoes £4.20
Potatoes with spices, onions and tomatoes cooked together

Bhindi Bhaji £4.20
Okra, onions, spices and tomatoes cooked together

Saag Panir £4.20
Spinach with cheese, spices and tomatoes cooked together

Aloo Gobi £4.20
Cauliflower, potatoes, spices and tomatoes cooked together

Sagg Aloo £4.20
Spinach with potatoes, spices and tomatoes cooked together

Begoon Bhaji £4.20
Sliced aubergine gently pan fried with garlic and other spices

ZARA'S CHEF'S SPECIALS

Lamb or Chicken Passanda £8.90
Lamb or chicken pieces marinated in selected spices, cooked in a mild creamy textured sauce with almonds

Butter Chicken £8.90
Marinated boneless tandoori chicken, roasted in clay oven, cooked in butter ghee with almonds in creamy textured sauce

Chicken/Lamb Tikka Masala £8.90
Marinated chicken or lamb tikka roasted in clay oven, cooked in a specially blended mild sauce

Chicken/Lamb Chilli Masala £8.90
Marinated boneless chicken or lamb, roasted in a clay oven with herbs and green chillies in a very hot sauce

Karahi Chicken or Lamb £8.90
Marinated Chicken or lamb pieces cooked in Eastern blend herbs and spices, garnished with tomatoes, green pepper and onions

Chicken or Lamb Jalfrezi £8.90
Marinated lamb or chicken pieces cooked in a hot sauce with onions, green peppers, tomatoes, coriander leaf and green chillies

Chef's Special Curry £9.50
Cooked with meat, chicken, prawns and mushrooms in a medium sauce

Garlic Chicken or Lamb £8.90
Marinated diced lamb or chicken, cooked with garlic in a medium spiced sauce and garnished with garlic & coriander

Fish Curry £8.90
Pieces of fish cooked in a medium strength curry sauce with garlic and spices

Fish Bhuna £8.90
A Medium spiced curry cooked with onions, tomatoes, herbs, coriander and garlic, slightly dry sauce, medium strength

Karahi King Prawns £13.50
Marinated king prawns cooked in specially blended herbs and spices, served in traditional Karahi dish for authentic flavour

Mathe Gosht £8.90
Lamb cooked with mint leaves in a similar style to a Bhuna dish

Chicken Malayan £8.00
Pieces of chicken prepared with cubes of pineapple, coconut and almonds cooked in a mild curry sauce

Chicken Kashmir £8.00
Pieces of chicken prepared with lychees, banana, coconut and mild spices served in a rich creamy textured sauce

King Prawn Masala £13.50
Marinated King prawns first cooked in Clay Oven and then cooked in specially seasoned sauce

Murghi Masala £13.50
Half a marinated spring chicken (on the bone) in herbs tenderly cooked with onions, spices, tomatoes and coriander leaves.

CHEF'S SIGNATURE DISHES

Chicken/Lamb Khazana £8.90
A medium to mild curry cooked with onions, tomatoes, herbs and garlic, garnished with fresh coriander leaves (Ideal for people don't like hot curries)

Chicken/Lamb Naga £8.90
A hot curry with totally different flavour, cooked with special chilli 'Naga', onions, fresh coriander leaves, and other spices.

Chicken/Lamb Achari £8.90
Slightley hot curry cooked in a traditional way with achar

Kofta Curry £8.90
Curry cooked with meat balls, strength can be specified upon ordering

Keema Curry £8.90
Curry cooked with minced meat, strength can be specified upon ordering

Allergen and intolerances: We use different allergen ingredients in our kitchen e.g. gluten, nuts, celery, crustaceans, eggs, fish, prawns, king prawns, lupin, milk, mustard or almonds. If you have any type of allergy please let us know upon ordering, we'll be happy to assist you. Please note our cooking oil is source of "Genetically modified soya".

GOLDEN OLDIES

CURRY DISHES

A medium spiced curry cooked tentatively in a medium flavour sauce. An addition of mushrooms can be made to these dishes upon request.

Chicken	£7.00
Lamb Curry	£7.00
Chicken/Lamb Tika	£8.00
Prawn	£7.50
King Prawn	£11.50
Vegetable	£6.00

BHUNA DISHES

A medium spiced curry cooked with onions, tomatoes, herbs, coriander and garlic, slightly dry sauce, medium strength.

Chicken	£7.50
Lamb	£7.50
Chicken /Lamb Tika	£8.50
Prawn	£8.50
King Prawn	£12.50
Vegetable	£6.50

DOPIAZA DISHES

A spiced curry briskly fried with onions, coriander, black pepper, cinnamon and cardamom, usually medium strength

Chicken	£7.50
Lamb	£7.50
Chicken/Lamb Tika	£8.50
Prawn	£8.50
King Prawn	£12.50
Vegetable	£6.50

MADRAS DISHES

Another most popular dish of Indian origin. A rich hot taste, extensively prepared with garlic, chilli, tomato puree and squeezed lemon juice

Chicken	£7.00
Lamb	£7.00
Chicken/Lamb Tika	£8.00
Prawn	£7.50
King Prawn	£11.50
Vegetable	£6.00

VINDALOO DISHES

A very hot curry with tomato puree, garlic, black peppers and chilli powder

Chicken	£7.50
Lamb	£7.50
Chicken/Lamb Tika	£8.50
Prawn	£8.50
King Prawn	£12.50
Vegetable	£6.50

DANSAK DISHES

A Persian type hot curry, cooked with lentils, pineapple, sweet and sour with a tangy hotness in taste and served with pilau rice.

Chicken	£8.50
Lamb	£8.50
Chicken/Lamb Tika	£9.00
Prawn	£8.50
King Prawn	£13.50
Vegetable	£7.50

KORMA DISHES

A very mild spiced curry cooked gently with sultanas and almonds in a creamy texture. Contains nuts

Chicken	£7.90
Lamb	£7.90
Chicken/Lamb Tika	£8.50
Prawn	£8.50
King Prawn	£13.50
Vegetable	£6.50

ROGAN JOSH

A special preparation with pimento, garlic, ginger and garnished with tomato and onion, medium flavour and slightly dry

Chicken	£7.50
Lamb	£7.50
Chicken or Lamb Tika	£8.50
Prawn	£8.50
King Prawn	£12.50
Vegetable	£6.50

SAAG DISHES

Spinach leaves cooked gently with onion, garlic, coriander and selected spices. Strength to be specified on ordering

Chicken Saag	£8.90
Lamb Saag	£8.90
Chicken/Lamb Tika	£9.50
Prawn Saag	£8.90
King Prawn Saag	£13.50

PATHIA DISHES

A hot sweet and sour dish, prepared with onion, tomato and a hint of garlic

Chicken Pathia	£7.90
Lamb Pathia	£7.90
Chicken/Lamb Tika	£8.90
Prawn Pathia	£8.90
King Prawn Pathia	£13.50
Vegetable Pathia	£7.00

RICE & SUNDRIES

Plain Rice £2.50
Steamed white basmati rice

Pilau Rice £2.70
Fragrantly cooked rice giving an aromatic appeal with the subtle addition of cinnamon, cloves, bay leaves and aniseed

Peas Pilau £2.70
Fragrant pilau rice with added peas

Vegetable Pilau £2.70
Fragrant pilau rice with added mixed veg.

Mushroom Pilau £2.70
Fragrant pilau rice fried with onions, spices and mushrooms

Special Fried Rice £2.70
Stir fried pilau rice with eggs, onions & peas

Garlic Rice £2.70
Fragrant pilau rice with added garlic & spices

Coconut Rice £2.70
Steamed white basmati rice with added coconut (Ideal for people who like mild food)

Chilli Rice £2.70
Fragrant pilau rice with added freshly chopped green chilli

Keema Pilau £2.90
Fragrant pilau rice with added minced lamb

Chapati £1.00
Indian unleavened bread

Paratha £3.00
Pan fried flaky bread cooked with butter ghee on slow heat

Stuffed Pratha £3.50
Pan fried flaky bread stuffed either with vegetables or keema

Naan £2.50
Freshly made Indian bread cooked in clay oven

Garlic Naan £2.70
Naan bread smothered with cloves of crushed garlic and butter ghee

Pershwari Naan £2.70
Naan bread stuffed with dried nuts, sultanas and almonds

Kulcha Naan £2.70
Naan bread stuffed with fresh cooked vegetables

Keema Naan £2.90
Naan Bread stuffed with minced lamb

Garlic & Coriander Naan £2.90

Tandoori Roti £2.50
Wheat flour Indian bread cooked in clay oven

Raita £2.00
Choice of cucumber or onion with yogurt

Green Salad £1.50
A selection of freshly prepared salad from a choice of lettuce, tomatoes, cucumber, green peas and sliced onions

Chips £2.00
Made from fresh chopped potatoes, deep fried in oil

ENGLISH DISHES

(These dishes are served either with rice or chips)

Creamed Chicken	£9.00
Very mild with creamy textured sauce	
Sirloin Steak	£13.90
Scampi	£7.50
Blend of white fish and scampi	
Chicken *(Fried)*	£8.00
Chicken Nuggets	£7.50
Plain Omelette	£6.50
Mushroom Omelette	£7.00
Chicken Omelette	£7.50

DRINKS LIST

Coke	£2.30
Diet Coke	£2.30
Lemonade	£2.30
Tango	£2.30
Orange Juice	£2.30
Apple Juice	£2.30
Pineapple juice	£2.30
Sparkling water	£1.95
Still Water	£1.95
Tonic Water	£1.95
J20	£2.50
Mango Lassi *(Jug)*	£6.50
Coffee	£1.80
Tea *(cup)*	£1.80
Tea pot	£3.50
Coffee *(with cream)*	£3.00
Cappuccino	£3.00

ALCOHOL FREE DRINKS

Cobra	£2.90
Becks Blue	£2.90
Sparkilng Wines	£7.50
(please ask for detail)	

CHILDREN'S MENU

(These dishes are served either with rice or chips)

Chicken or Lamb Tika Masala	£5.90
Chicken or Lamb Korma	£5.90
Chicken or Lamb Curry	£5.90
Creamed Chicken	£5.90
Deep Fried Chicken	£5.90
Omlette	£5.90
Mushroom Omelette	£5.90
Chicken Omelette	£5.90
Chicken Nuggets	£5.90
Scampi Bites	£5.90

Blend of white fish and scampi

TANDOORI BANQUET FOR TWO

4 Course Meal

1st Course: Poppadums And Pickles
2nd Course: Starters: Lamb Tikka And Onion Bhaji
3rd Course: Tandoori Mixed Grill, Half Tandoori Chicken, Pilau Rice, Curry Sauce, Plain Naan & Salad
4th Course: Tea/Coffee/Pistachio or Mango Kulfi

£29.80

CURRY BANQUET FOR TWO

4 Course Meal

1st Course: Poppadums And Pickles
2nd Course: Sheek Kebab And Onion Bhaji
3rd Course: Chicken Bhuna, Lamb Korma, Mushroom Bhaji, Pilau Rice, Garlic Naan & Salad
4th Course: Tea/Coffee/Pistachio or Mango Kulfi

£29.80

MONDAY NIGHT SPECIAL - £11.95

1st Course: Poppadum With Mint Sauce
2nd Course - Choice Of:
Sheek Keebab, Shami Kebab, Chicken Tikka, Lamb Tikka, Tandoori Chicken Vegetable Samosa, Meat Samosa, Onion Bhaji, Garlic Mushroom, Prawn Cocktail.
3rd Course - Choice Of:
(Served With Pilau Rice Or Chips)
Vegetable/Chicken/Lamb - Curry/Bhuna/Dopiza/Madras/Vindaloo Korma/Rogan Josh
English Dishes
Omelette (Various) Chicken Nuggets/Deep Fried Chicken (7 Pieces)
Tandoori Mains
Chicken Tikka, Lamb Tikka, Half Tandoori Chicken
4th Course - Choice Of: Tea/Coffee/Kulfi Stick Malai/ Kulfi Stick Shahi

WEDNESDAY NIGHT SPECIAL - £14.95

1st Course: Poppadum With Mint Sauce
2nd Course - Choice Of:
Mixed Kebab ,chicken Pakora, Fish Pakora, Sheek Keebab, Shami Kebab, Chicken Tikka, Lamb Tikka, Tandoori Chicken, Vegetable Samosa, Meat Samosa, Onion Bhaji, Garlic Mushroom, Prawn Cocktail
3rd Course - Choice Of:
(Served With Pilau Rice Or Naan Bread)
Vegetable/Chicken/Lamb - Biryani/Dansak/Pathia/Curry/Bhuna/Dopiza/Madras/Vindaloo/Korma/Rogan Josh
Tandoori Dishes
Chicken Shashlik,Tandoori Mixed Grill, Half Tandoori Chicken, Chicken Tikka, Lamb Tikka.
English Dishes
Omelette (Various), Deep Fried Chicken, Chicken Nuggets (7pieces)
4th Course - Choice Of: Tea/Coffee/Pistachio Or Mango Kulfi

To maintain the quality we prepare and cook food fresh on order. It is therefore possible that on occasion, some meals can take longer to prepare than usual. We regret if this causes any inconvenience to our customers.
The management reserves the right to refuse to serve customer(s) at their discretion and without explanation. Any person(s) who are abusive or threatening to staff or other customers will be asked to leave the premises immediately. Children are welcome in ZARAS but we ask those responsible to be aware of that, to ensure the safety and out of consideration for other customers, all children should remain seated and under supervision at all the times.